

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	How can I make friends in my new school? What is bullying and how does it impact on others? What does it mean to be healthy? Why is it important to look after my health	What are the dangers online? Where can I go to for help with these dangers?	What are the different types of bullying? Why can online bullying be so dangerous? Why is one incident of unkindness online seen as bullying?	What is racism? How does racism affect the victim?	What is racism? How does racism affect the victim?	SRE – How does my body change during puberty>
Year 6	What are the dangers online? Where can I go to for help with these dangers? What is solvent abuse? What are the different types of substances? How might they affect us?	What are the benefits of a healthy lifestyle? How can I make better choices?	What are habits? What is the difference between a bad habit and a good habit? How can I avoid risky situations?	What is meant by gender equality and stereotypes?	What is democracy? What does it mean to live in a democratic country?	SRE – How are babies made?
Year 7	What is resilience? How can resilience help me to become a better learner? How can I use my resilience to help me cope when times are hard?	What is resilience? How can resilience help me to become a better learner? How can I use my resilience to help me cope when times are hard?	What are drugs? What affect can they have on the body? How can I stay safe online?	What is teamwork and leadership? How can I use my skills to become a positive member of the community?	What is a career? How can I make better use of my skills?	SRE – What is safe sex? How can we avoid unwanted pregnancies? What are the different methods / options?
Year 8	How can I be a positive member of the wider community? What is antisocial behaviour? Why do young people have a bad reputation? Is it deserved? How can I help to improve the perspective of young people? How do relationships change as I get older? Why do I now feel an attraction towards people? What can I do about this attraction? LGBT	What are the dangers of smoking / drinking / gambling? What are the laws around these things? What are e-cigarettes? Are they better than cigarettes? Do they have any health risks? How can I be safe in my relationships? Pregnancy / contraception / STIs	How can I improve my mental health and wellbeing?	Internet safety? Think you know.	What do I think about my future? Careers / university / apprenticeships / part-time jobs – filling in an application / creating a CV, etc	SRE – What are sexually transmitted diseases? What is FGM and why does it happen?